

Opening Stillness:

(Here a candle may be lit)

Silence:

Opening Prayer:

**All: I arise today:
in your strength to uplift me,
in your power to direct me,
in your love to enfold me,
in your wisdom to guide me,
in your way to lead me
this day and every day.**



Silence:

As the sun scatters the mist at the beginning of this new day:

**All: So you calm our fears and anxieties as we place our trust in you.
And as we do, you give us strength and courage to live our daily
lives knowing you are with us and we do not walk alone.**

As the midday sun warms us:

**All: We feel your protecting arms around us and sense your loving
presence, and as the sun rises in a kaleidoscope of colour so
you give us hope and renewal.**

Confession and Forgiveness:

God our Father, long-suffering, full of grace and truth, you create us from nothing and give us life. You do not turn your face from us, nor cast us aside.

**All: We confess that we have sinned against you and against our
neighbour. We have wounded your love and marred your image
in us. In your mercy restore us for the sake of your Son, and
bring us to heavenly joy, in Jesus Christ our Lord. Amen.**



May the God of love re-centre us again in himself, may he forgive us our sins, and assure us of his eternal love for us in Jesus Christ our Lord. Amen.

Silence:



Psalm 95 (excerpts from verses 1–8):

Come, let us sing to the Lord;

All: let us shout for joy to the rock of our salvation.

Let us come before his presence with thanksgiving

All: and raise a loud shout to him with psalms.

For the Lord is a great God,

All: and a great king above all gods.

Come, let us bow down in worship, let us kneel before the Lord our maker;

All: for he is our God, and we are his people and he cares for us.

Silence:

Come, Lord, come to us.

All: Enter our darkness with your light, fill our emptiness with your presence.

Come refresh, restore, renew us.

**All: In our sadness, come as joy;
in our troubles, come as peace;
in our fearfulness, come as hope;
in our darkness, come as light;
in our frailty, come as strength;
in our loneliness come as love.**

Come, refresh, restore, renew us.



Bible Reading:

(This may be followed by a short reflection)

Silence:

Prayers for family; friends; community; world:

Here we bring to God ourselves, and as we do so we bring to him: the things that cause us to rejoice, to weep; the things that cause us anxiety, fear, shame; the things that we hope for and long for; for ourselves, for others.



The Lord's Prayer:

As our Saviour has taught us, so we pray:

**All: Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins as we forgive those who sin
against us. Do not bring us to the time of trial but
deliver us from evil. For the kingdom, the power and
the glory are yours, now and for ever. Amen.**



Or....

As our Saviour Christ has commanded and taught us, we are bold to say:

**All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Silence:

Closing Prayers:

1) Lord, be with us this day,

**All: Within us to purify us;
Above us to draw us up;
Beneath us to sustain us;
Before us to lead us;
Behind us to restrain us;
Around us to protect us.**



Or....

2) This is your world I step upon,

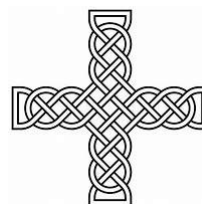
All: the air I breathe, the food I eat.

This is your world I step upon,

All: the sounds I hear, the people I meet.

This is your world I step upon,

All: your footsteps, where I place my feet.



Or...

3) May this be a day of hope,
All: of expectation, of relishing each moment as a gift from you.

May this be a day of freedom,
All: of breaking free, of loosening the chains that still surround us.

May this be a day of peace,
All: of wholeness, of knowing that our lives are in your hands.

May this be a day of joy,
All: of blessing, of living in your kingdom as a child of God.

Or....

4) I enter this day with joy:
**All: knowing you are with me every step of the way,
knowing there is a purpose to each breath that I take,
knowing there is a hope toward which I walk.**

I enter this day with faith:
**All: knowing you are the strength which I depend on,
knowing you are the love that is all embracing,
knowing it is your peace which calms my soul.**

I enter this day with praise:
**All: knowing that I worship with service as with voice,
hoping that my words might reveal your truth,
hoping that your grace might touch another heart.**

Closing Blessing:

Lets say the blessings together as we bless one another:

May the peace of the Lord Christ go with us, wherever He may send us. May He guide us through the wilderness, protect us through the storm.

May He bring us home rejoicing at the wonders He has shown us. May He bring us home rejoicing once again into these doors. Amen.

